

## Antifat Attitudes Scale

Please indicate how much you agree or disagree with each of the following statements:

1. Fat people are less physically attractive than thin people
  - a) Strongly Disagree
  - b) Disagree
  - c) Neither Disagree nor Agree
  - d) Agree
  - e) Strongly Agree
  
- 2 I would never date a fat person
  - a) Strongly Disagree
  - b) Disagree
  - c) Neither Disagree nor Agree
  - d) Agree
  - e) Strongly Agree
  
3. On average, fat people are lazier than thin people
  - a) Strongly Disagree
  - b) Disagree
  - c) Neither Disagree nor Agree
  - d) Agree
  - e) Strongly Agree
  
4. Fat people only have themselves to blame for their weight
  - a) Strongly Disagree
  - b) Disagree
  - c) Neither Disagree nor Agree
  - d) Agree
  - e) Strongly Agree
  
5. It is disgusting when a fat person wears a bathing suit at the beach
  - a) Strongly Disagree
  - b) Disagree
  - c) Neither Disagree nor Agree
  - d) Agree
  - e) Strongly Agree



**Scoring information for the Antifat Attitudes Scale:**

Add item responses to obtain total score. Higher scores demonstrate stronger endorsement of antifat attitudes.

**For more information on this scale:**

Morrison TG, O'Connor WE. Psychometric properties of a scale measuring negative attitudes toward overweight individuals. *The Journal of Social Psychology*. 1999; 139: 436-445.

