

Scoring instructions for the Attitudes Toward Obese Persons scale (ATOP)

Step 1: Multiply the response to the following items by -1 (i.e., reverse the direction of scoring):

- Item 2 through Item 6, Item 10 through Item 12, Item 14 through Item 16, Item 19 and Item 20

Step 2: Add up the responses to all items.

Step 3: Add 60 to the value obtained in Step 2. This value is the ATOP score. Higher numbers indicate more positive attitudes.

Scoring instructions for the Beliefs About Obese Persons scale (BAOP)

Step 1: Multiply the response to the following items by -1 (i.e., reverse the direction of scoring):

- Item 1, Items 3 through Item 6, Item 8

Step 2: Sum the responses to all items.

Step 3: Add 24 to the value obtained in Step 2. This value is the BAOP score. Higher numbers indicate a stronger belief that obesity is not under the obese person's control.

These measures and additional psychometric information can be found in the following reference:

Allison, DB. *Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems. Measures, Theory, and Research*. Thousand Oaks, CA: Sage Publications.

